

Living the Superhero Life

Becoming an Incredible Family

Bob and Helen Parr lived abnormal lives in a normal world. Forced to quash their true identities, their family only becomes incredible when they reemerge as the Incredibles – the superhero family – they are. But an incredible family doesn't need Superhero powers. A truly incredible family helps each other become the best version of themselves without compromising their personal or family's integrity.

Mark 3:20–26, 31–35

1. _____ incredible families are _____.

How many functional families are there in the Bible? _____

2. Incredible families are _____.

– *In some cases, you may have to _____
_____ in order to be faithful.*

3. Incredible families focus on _____ _____

_____.

– *Includes my: _____ life; _____ life;
and _____ life.*

My Count Me In! Commitments

- I'll be here next week
- I'll invite a friend to join me for the Life Apps sermon series
- I'll invest in my personal abundant living by: _____
- I'll invest in my family abundant living by: _____
- I'll invest in my vocational abundant living by: _____

Additional Notes

Digging Deeper and Going Further

Read Mark 3:20–35. The passage is in three parts: The first part introduces Jesus’ family and their concerns; the second part interrupts the family story with an account about the religious leaders and their accusations; and the third part picks up the story about the family. Scholars call this a “sandwich story” because of the insertion of a seemingly unrelated passage into the middle of another story. However, whenever you see this kind of passage in the Gospels, you can be sure the middle story is in some way a commentary about the divided story.

1. What was Jesus’ family most worried about? His eating or his state of mind?

2. What accusations were the teachers of the law making about Jesus?

3. How are the two concerns above similar? How are they different?

4. Read Mark 3:23–26. How does Jesus’ response to the religious leaders also apply to his family?

5. Read Mark 3:33–35 and Luke 12:49–53. In both of these passages, Jesus is speaking about unity of family. What issue does Jesus say divides family?

6. Read Ephesians 6:1–4. Is the church or parents responsible for teaching faith to children?

7. Read Deuteronomy 11:18–21. How are parents instructed to teach their children about God and his commandments?

8. How will you bring your family into unity in the faith?
