

# The Power of One

## *The Power of One Body*

*There's an old saying, "There is no 'I' in team." Of course, there's that other saying that goes "You can't spell team with 'me.'" Although there's a lot of power in one individual, one person by themselves can only do so much. Who would Gladys Knight be without the Pips? Who KC be without the Sunshine Band? And Jesus without his disciples would likely be a but footnote in history. The best teams are those that work together, those that pull as one. And though there have been a lot of statistical and psychological studies that prove this, but in fact, it's nothing new. The early church built a powerful team and put it to work ...*

Ephesians 4:1–7, 11–13

1. There is \_\_\_\_\_ in team.

– \_\_\_\_\_ and \_\_\_\_\_ comes by putting your needs and your desires second.

2. There is no team \_\_\_\_\_.

– Without \_\_\_\_\_ there is no us.

3. There is no \_\_\_\_\_ without \_\_\_\_\_.

– Unity comes when we see the \_\_\_\_\_ and respond with \_\_\_\_\_.

### ***My Count Me In! Commitments***

- I'll be here next Sunday
- I'll invite a friend
- I see the harvest and want to get involved ...
  - I know my part in the harvest and will redouble my efforts
  - I want help discovering my role in the harvest
- I want to get involved in an RCC outreach (Carol Frevert will contact you)
- I will attend the Getting Acquainted Lunch to explore RCC and my role there

### **Additional Notes**

Digging Deeper, Going Further  
*The Power of One: One Body*

**Scripture:** Ephesians 4:1–13

**Introduction:** Unity is a recurring theme in the New Testament. In John 17:20–21 Jesus prayed that his followers would be one like he and his father were one. And Paul regularly wrote to the churches beseeching them to be unified, to stop being divisive, and to be at peace with one another. And yet, the church continues to be divided in many ways. Perhaps the issue is that we don't seem to know how to play as a team very well. When the quarterback calls a play, it's expected that the team will respond as one. When the general gives the orders, it's expected that the soldiers will obey. And when Snow White told the dwarves to wash up for dinner, she expected them to appear at the dinner table clean and ready to eat. Why is it that the church so often seems to turn its back on the one commandment and the one belief that Jesus gave?

1. Margaret Mead said “Always remember that you are absolutely unique. Just like everyone else.” What makes you unique?
2. Tell about a time when you were a part of a highly effective team. What made it so effective?
3. Read Ephesians 4:1–3. What do you think it takes to live a life that's worthy of your calling? (And what is your calling?)
4. Read Ephesians 4:4–6. There is a lot of power in these “ones.” What do you think it means that there is one body and one Spirit? Why do you think there are so many different kinds of churches? (And is this a problem? If so, how?)
5. Read Ephesians 4:4, 11–13. What do you think it takes to reach unity in a church?
6. Dr. Bill said that it's a fallacy for a church to pursue unity because it causes the members to look at each other. What is the alternative?
7. What do you think it would take to lead a church to unity today?

***Who will you invite to worship with you this week?***

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