

# **PowerHouse: Becoming a Powerful Family**

## ***Cheerleading in the Living Room***

*There's nothing like a warm and supportive family in times of great need. In fact, there's nothing like a warm and supportive family at the beginning of the day, at the end of the day, and every moment in between. The problem is, creating a family like that is no easy task. In fact, it's so difficult, it can be hard to find a family to lift up as an example. And yet, we all hope and dream that we'll have that kind of relationships. But what if that kind of family wasn't a myth? What if you could be a part of a PowerHouse family?*

Ephesians 5:21–28, 6:1, 4

1. There are no \_\_\_\_\_ families, but there is great joy in a \_\_\_\_\_, \_\_\_\_\_, family.
2. Submission – that is \_\_\_\_\_ – is the \_\_\_\_\_ to a functioning, loving family.
3. A PowerHouse family must be a \_\_\_\_\_.

### ***My Count Me In! Commitments***

- I'll be here next Sunday
- I'll invite a friend
- I'll make a point to “submit” at least once a day for EACH member of my family
- This week, I'll pray together, *for* each other
- I'll be the family cheerleader ... I'll say only encouraging things this week

### **Additional Notes**

## Digging Deeper, Going Further

### *PowerHouse: Be the Family Cheerleader*

**Scripture:** Ephesians 5:21–28, 6:1, 4

**Introduction:** It's said that the building block of society is the family. Although that is probably still true, the definition of family has seriously changed. Although the divorce rate is down, the marriage rate has plummeted. Perhaps it's the fault of the Boomers who treated marriage like any other contract – far too easy to break. Or perhaps it's the fault of our consumerist culture that intimates we need to upgrade to the newest model lest we be left behind. Regardless, the ideal of a PowerHouse family that operates in sacrifice and love seems to have gone the way of black-n-white television.

1. What are some of the configurations of “families” today? What are some of the advantages of these configurations? Disadvantages?
2. Share a little bit about the most loving, functional family that you've known. What do you think made it so loving and functional?
3. Read Ephesians 5:21–28. How submissive is a wife expected to be? The husband? How have these verses been abused?
4. Read Ephesians 6:1–4. Why do you think parents submitting to their children is left out? Why do you think exasperating mothers are left out?
5. Dr. Bill said that sacrifice would be a culturally better understanding of the word submit. Do you agree? Why/why not?
6. What are some reasons why religious compatibility between spouses is so important?
7. Why do you think praying with each other *for* each other is an important practice?

***Next Week: Power House – Parlay in the Parlour***

***Who will you be inviting to worship with you this week?***