

# Dare to Dance Again

## *Shout It Out!*

*The last two things Jesus did before he left the earth was to open the minds of the apostles and he blessed them. The results? They returned to the crowds in the city; they worshipped; they experienced great joy (because they “got it!”), and they were praising God. We don’t always make the connection between our intellect and our emotions. We keep them boxed up, siloed, separate – never the twain shall meet. And yet, that’s exactly what happened with the boys – their left brain met their right brain and right there at the intersection of the two was joy, praise, and worship.*

Luke 24:44–53

1. Many have a \_\_\_\_\_ religion that is missing \_\_\_\_\_ depth.
2. It takes \_\_\_\_\_ to open the mind to the spiritual.
3. A cognitive faith is real, but it is missing the \_\_\_\_\_ that comes from the \_\_\_\_\_.

### ***My Count Me In! Commitment***

You’re invited to take a spiritual inventory this week. Answer the following questions as truthfully and completely as you can.

- Is your faith exciting and joyous and life-changing enough that it’s propelling you to praise and devotions and action?
- Is it “good enough” that you’re sharing your experiences?
- Is it so grounded within you that you’re inviting others to join you?
- If it is, how has it manifested itself this week?
  - What prayers are you praying?
  - Who are you inviting to join you for worship or Bible study or Directions?
- And if it’s not, what will you do to move it from the cognitive to the limbic – from the head into the heart?

# Digging Deeper

## Week of May 16, 2021

*Dare To Dance Again: Shout It Out!*

**Scripture:** Luke 24:44–53

**Introduction:** It's been said that the longest distance in the world is the one foot from your head to your heart. There is some truth to that, since it's often easier to "know" something than it is to "believe" it and act upon it. In this week's reading, the boys went from a cognitive understanding to a deep spiritual experience that propelled them from the hilltop to the city streets. This week's study is different in that we're going to look less at scripture and more at "how to" take what we know and pour it into our hearts.

1. Read Luke 24:44–53. Jesus seems exasperated when he starts this conversation, but moments later it's clear that the disciples "got it." They suddenly understood what Jesus was trying to get them to see. What changed?
2. Dr. Bill said that it takes divine intervention to open the mind to the spiritual. Can you think of other instances where God/Jesus/Holy Spirit opened people's minds to understand scripture?
3. Read 2 Corinthians 3:12 – 4:6. Why is it so difficult to understand scripture? What means has God made for us to come to understand?
4. What's the difference between biblical "belief" and our culture's version of belief that generally means "assent"?
5. Who "opens our minds" to the meaning, intent, and passion of the scriptures? How might someone get their mind opened?
6. If you did not take the Spirituality Inventory, please do so now.
7. To help move faith from head to heart, over the next week, read and practice at least two of the three spiritual practices. (These are excerpts from Dr. Bill's book *High-Voltage Spirituality*.) These can be found on our website in the Blog section:
  - o <https://raytowncc.org/developing-spirituality-listening-prayer/>
  - o <https://raytowncc.org/developing-spirituality-imaging-prayer/>
  - o <https://raytowncc.org/developing-spirituality-the-journey-group/>