

Breaking the Barriers to Abundance

Getting Past Being Too Tired

They told me that the older I got, the less sleep I'd need. What they didn't tell me was that what they really meant was that the older I got, the less sleep I'd actually get. Being tired is a national crisis in the US. As a nation, we put in more hours at work than the majority of first-world nations and we take less time off than almost any nation. What that means is that we're a people who are tired. Tired people aren't always on top of the world – and that's especially true in the church because, let's face it, church people are supposed to do the "right thing" ... all the time. But it's so hard when we're so tired.

2 Thessalonians 3:6–15

1. It's easy – easier – to do good when you're with people who are _____.
2. The mission of the Church – of every Church – is to _____, to _____ - _____, and to _____.
3. "Doing Good" comes down to the _____ and your personal part in that.
4. Creating an environment where people who are seeking community with God and others are _____ and _____.

My Count Me In! Commitment

What More Could I Do to Help Create:

A culture of positivity? _____

A culture of encouragement? _____

A culture of service? _____

A culture of self-sacrifice? _____

A culture of love? _____

Digging Deeper

Week of June 27, 2021

Breaking the Barriers to Abundance: Getting Past Being Too Tired

Scripture: 2 Thessalonians 3:6–15

Introduction: Although Paul was probably exasperated with the Thessalonian church, he was committed to doing and saying the right thing. Doing good isn't an option for people of faith, even in our most stressed out times and he was quick to tell the church that they were responsible for carrying out that mandate.

1. Read 2 Thessalonians 3:6–15. Why do you think Paul was so harsh about the way the church should treat believers who don't behave in accordance with the gospel teachings?
2. What kind of things did Paul and his traveling companions do to model "doing good"?
3. Paul seemed exasperated as he wrote these words. Why do you think Paul might have felt that way?
4. In verses 11–13, Paul compares and contrasts "busybodies" with faithful disciples of Jesus. Why do you think he felt compelled to remind the faithful to not tire of doing good?
5. Dr. Bill gave a number of examples of what "doing good" looks like. What are some of those things that he listed? Which ones are easy to do and which are more difficult for you?
6. Why do you think we get tired of doing "good" things for others?
7. Read Galatians 6:7–10. What are some of the rewards for continually doing good?